

newsbriefs



JoyFeldman

Author and Good Healthy Cook Schedules Book Signings

Meet local author Joy Feldman as she signs her new book, *Joyful Cooking in the Pursuit of Good Health.* Three signings are scheduled: 11 a.m. May 9 at Back to Basics, 500 Main St, East Greenwich; 11:30 a.m. May 17 at Wickford Chiropractic Wellness Center, 610 Ten Rod Rd, North Kingstown and; 2 p.m. May 17 at St. Bernard's Health Fair, 415 Tower Hill Rd, North Kingstown.

Feldman is an expert consultant in nutrition, hair analysis and lifestyle modification. Her book provides a complete program to rebuild and recharge the body. Understanding which ideal foods are suitable for each person is the key to more energy and better well-being, she says. The book has more than 100 simple and creative recipes to improve eating habits.

Call 401-855-8800 or email Joy@JoyFeldman.com. Visit JoyFeldman.com.